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Dear Sue

I am getting married next month and everything's arranged but I can't forget what happened at my sister's wedding two years ago. Her boy friend isn't in love with my sister, He is dishonest. The wedding day was sad for my sister. This event was made me very upset.

Plan;

para 1; express sympathy

para 2; give your advice (tell parents\start revising/stop worrying etc)

para 3; end the letter offering some encouragement

Dear XXXXXX,

I can understand your bad experience with your sister's wedding. It must be a terrible thing to see the bride wandering around the tables with a sad face. And, when somebody around us is sad we can't feel very happy though we have a happy event, at least supposed to be happy. However, things don't always go bad in life. There is no reason to suppose that the same things are going to happen to you. So, I have some suggestions for you.

First of all, you should find a way to face your fear. You can talk to your boyfriend about the thing that happened to your sister. I am sure he will be a good help for you. Secondly, I recommend you to calm down. Most probably, you have been working on the wedding arrangements for a long time and you are tired and stressed. When people are stressed, they think negatively and perceive the problems bigger than they really are. So, you should find a way to overcome your stress before the wedding day. I think it is a good idea to go to hot springs, a hotel or to a seaside. Lastly, and may be the most importantly, you should trust your boyfriend. You know that he loves you more than everything. When all these factor come together, you should expect to be happy about your wedding next month.

In short, I know that you are a strong person and you can handle these stressful times. Soon, you will be very happy with your husband. When you feel depressed or freaked out, just imagine the first day of your honeymoon and calm down. You are my best friend and I want the best for you. I feel that you will be very happy with your future husband.

Best wishes.

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